

MAY 2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 1) Pizza Day! (V) 2) Sunbutter, Chocolate Hummus & Banana Sandwich (V) 3) Muffin Fun Lunch (V)	2 1) Dutch Waffles (V), Sausage, Hashbrown & Orange Pineapple Yogurt Smoothie 2) Cheese Croissant (V) 3) Hummus Fun Lunch (V)
5 1) Sloppy Joe & Fries 2) Sunbutter & Jelly Sandwich (V) 3) Zee Zee Fun Lunch (V)	6 1) Chicken Cheddar Bacon Ranch Sandwich and Goldfish Crackers 2) Ham & Cheese Sandwich 3) Bagel Fun Lunch (V)	7 1) Marvelous Mac N' Cheese with Peas (V) 2) Turkey & Cheese Sandwich 3) Fruit & Cheese Fun Lunch (V)	8 1) Pizza Day! (V) 2) Sunbutter, Chocolate Hummus & Banana Sandwich (V) 3) Muffin Fun Lunch (V)	9 1) Cheese Omelet (V), Sausage, Hashbrown Potatoes and Apple Cinnamon Muffin 2) Cheese Croissant (V) 3) Hummus Fun Lunch (V)
12 1) Hamburger, Cheeseburger, Veggie Burger (V) French Fries 2) Sunbutter & Jelly Sandwich (V) 3) Zee Zee Fun Lunch (V)	13 1) Chicken and Cheese Quesadilla 2) Ham & Cheese Sandwich 3) Bagel Fun Lunch (V)	14 1) American Chop Suey, Roasted Ranch Broccoli & Breadstick 2) Turkey & Cheese Sandwich 3) Fruit & Cheese Fun Lunch (V)	15 1) Pizza Day! (V) 2) Sunbutter, Chocolate Hummus & Banana Sandwich (V) 3) Muffin Fun Lunch (V)	16 1) Buttermilk Pancakes (V) with Sausage & Warm Apple Crisp 2) Cheese Croissant (V) 3) Hummus Fun Lunch (V)
19 1) Teriyaki Chicken, Rice & Fortune Cookie 2) Sunbutter & Jelly Sandwich (V) 3) Zee Zee Fun Lunch (V)	20 1) Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans 2) Ham & Cheese Sandwich	21 1) Cheese Ravioli (V) Roasted Zucchini & Garlic Knot 2) Ham & Cheese Sandwich 3) Bagel Fun Lunch (V)	22 1) Pizza Day! (V) 2) Sunbutter, Chocolate Hummus & Banana Sandwich (V) 3) Muffin Fun Lunch (V)	23 1) "Fish & Chips" Fish Sticks with Fries & Cole Slaw 2) Cheese Croissant (V) 3) Hummus Fun Lunch (V)
26 Memorial Day No School	27 1) Roast Beef & Provolone Melt Sandwich & Smiley Fries 2) Ham & Cheese Sandwich 3) Bagel Fun Lunch (V)	28 1) "Sticks & Stones" Mozzarella Sticks & Saucy Kelp Meatballs (V) or Saucy Beef Meatballs & Veggie Pasta Salad 2) Turkey & Cheese Sandwich	29 1) Pizza Day! (V) 2) Sunbutter, Chocolate Hummus & Banana Sandwich (V) 3) Muffin Fun Lunch (V)	30 1) Orange Chicken, Steamed Rice, Stir Fried Veggies & Fortune Cookie 2) Cheese Croissant (V) 3) Hummus Fun Lunch (V)

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

